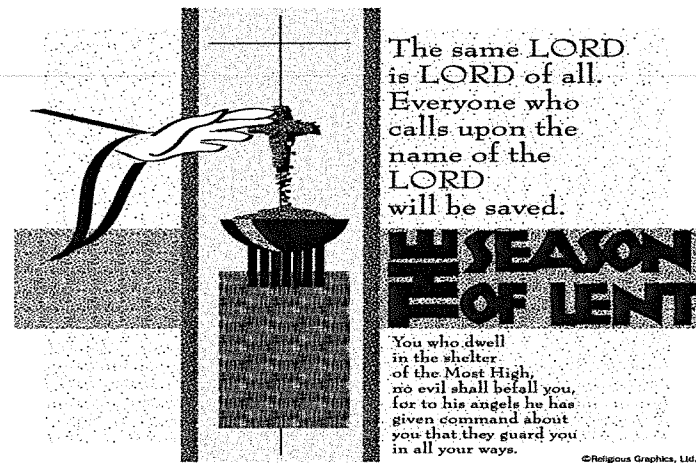


# First Sunday of Lent

March 10, 2019

**One does not live  
by bread alone!**



## PRAY FOR THE SICK

Manuel & Ofelia Tapales, Alvarino Aquino, Lourdes Cabael, Rodolfo Cabael, Maria & Isaac Roden, Denise Afable, Jasminder Viridi, Norman Iglesias, Manolo Asuncion, Patrick Diaz, Ben Marling, Manolo Asuncion, Lilia Aranas, Virgilio Licerio Sr., Lucia Licerio, Alfredo Camales Sr., Alejandra Damayo, Limuel Palad, Donna Whitford, Sunny Castro, Felix Caoile, Barry Prime, Crystal Oteyza, Arnold Castro, Lois Wong, Liberato Moreno, Encarnacion Moreno, Maribeth Tamayo, Lindsay Williams, Carmine Cello, Crystal Schuster, Anna Aere, Leo Dy, Virginia Guzman Pedroza, Sheila Pomeroy, Ruth Mohr, Catherine Salgado, JudyLyn Marquez, Joseph Matthew, Grace Tan, Christopher Jozi, Patricia Savcor, Vicente Bautista, Chanelle Lim Yan, Lois Charlebois, Connie Hatherton, Francesca Nichele, Eidrienne Montemayor, Loreta Di Curzio, Evelyn Jackson, Mary Hollman.

## MINISTRY FOCUS

Our parish is blessed with various prayer groups and bible study groups. If you are searching for a spiritual boost or a faith connection, we always welcome new friends! Just come, introduce yourself, and be uplifted. The *Cenacle Prayer Group* meets on Mondays in room C at 7pm; The *Joy of the Lord Prayer Group* meets on Mondays in room A at 7pm (contact Danny at 604.596.2097 for more info). The *Young Adults Prayer Group* meets on the fourth Friday of each month in room A at 6:30 p.m. (contact Beth at 604.596.2097 for more info). Weekly bible studies can be found on Wednesdays at 1pm in room C (contact Brendan at 778.322.2721) and on Thursdays in the Gathering Area of the church at 7:30 p.m. (contact Phil at 604.596.6389). Everyone is welcome and we encourage you to seek your best fit, where you're comfortable, and feel at home among friends.

## KNIGHTS OF COLUMBUS NEWS

Mar. 10 Pancake breakfast; Executive meeting Mar. 21 in room D.

## PARISH NEWS & EVENTS

- **TAX RECEIPTS:** Tax receipts for 2018 donations to the Parish and Project Advance are available in the Gathering Area. If you can't find your receipt, please contact the parish office.
- **PANCAKE BREAKFAST:** The Knights of Columbus will be serving pancake breakfast in the parish hall after all Sunday morning masses this weekend. All are welcome!
- **SECOND COLLECTION:** There will be a second collection this weekend for **St. Joseph's Society**. These funds are the only means to provide a pension to meet the living expenses of our retired and infirm priests. With 33 priests receiving benefits, the Society needs all the help it can get. Thank you for your generosity!
- **LENT:** Each Friday during Lent there will be Stations of the Cross at 7:00 p.m. followed by Mass.

## ST. BERNADETTE SCHOOL NEWS

**2019-2020 Admissions** - We are accepting families who wish to join our waitlists at all grade levels. You can pick up an admission form from the Gathering Area.

## RCIA NEWS - RITE OF ELECTION

Congratulations to **Sorcha John and Lalit Kumar** who will sign the Book of Elect and be welcomed by Archbishop Miller at the Rite of Election that will be held on March 10 at Holy Rosary Cathedral. Please keep our Elect and Candidates in your prayers.

## BINGO VOLUNTEERS NEEDED!

Did we forget to mention that all volunteers rotate weeks to ensure that no one is scheduled every Tuesday? The more volunteers we have, the longer the rotations can be (once every three weeks, once every six weeks, etc.) Our most important need right now are callers. Please consider helping out to keep our Bingo open! Please pick up a Volunteer Info sheet and contact Bingo at [bingo@stbernadette.ca](mailto:bingo@stbernadette.ca) if you can help.

## ST. JOHN PAUL II ACADEMY

St. John Paul II Academy is continuing to accept applications for Gr. 8 & 9 students for the 2019-20 school year. All student applications must be completed asap and returned to Mr. Michel DesLauriers, Principal, 15262 Pacific Ave., White Rock, BC V4B 1P7. Application Form and more information concerning financial assistance at [www.sjp2academy.com](http://www.sjp2academy.com) or contact the school office at [mdeslauriers@sjp2academy.com](mailto:mdeslauriers@sjp2academy.com) or 604.560.8210. An Information Evening will be held on Wed. April 10th at 6:30 p.m. for all interested parents at St. John Paul II Academy.

## SOCIETY OF ST. VINCENT DE PAUL

With the continuing cold weather, our Street Ministry is in need of socks, gloves, toques, men's (Med) and women's (Med) new underwear, and hoodies—new, or used, clean and in good condition. If you can help, please leave your donations in the SSVP donation box in the Gathering Room of the Church. Thank you all for your generous support. Also, our March meeting of SSVP will be on March 25, at 7:00 pm in Room D in the Parish Hall.

## CELEBRATE YOUR MILESTONE ANNIVERSARY WITH US!

This Mother's Day, Archbishop Miller will be honouring couples celebrating their 5th, 10th, 15th, 20th, 25th, 30th, 35th, 40th, 45th, 50th, 55th & 60th+ years of marriage. Register your anniversary with us today at [rcav.org/marriage-anniversary](http://rcav.org/marriage-anniversary). Mass will be on Sunday, May 12, at 3:30 p.m. at St. Paul Parish, Richmond. Reception to follow in St. Paul Parish Centre. All are welcome to witness and celebrate the milestone anniversaries of others!

## RETRouvaille SPRING PROGRAM

Does the distance between you seem wide? Are you already separated? Looking for a better way? Retrouvaille can help and offers hope for a better relationship. Retrouvaille is a peer ministry of volunteer couples that can help you learn the tools of healthy communication, build intimacy and heal, just as they have done in their own marriages. Retrouvaille can help get your relationship back on track. For more information about an upcoming Retrouvaille Weekend program for couples, contact our registration team at telephone 604-530-6710 (and leave a message to be called back) or visit our websites: [www.retrouvaillevancouver.com](http://www.retrouvaillevancouver.com) and [www.retrouvaille.org](http://www.retrouvaille.org)

## CATHOLIC WOMEN'S CORNER

Executive Meeting Mar. 28 in Room D;  
General Meeting Apr. 4 in Room A.



## DOMESTIC ABUSE SERVICES – OUR LADY OF GOOD COUNSEL SOCIETY

In Affiliation with the Vancouver Archdiocesan Catholic Women's League is holding their 23rd Annual General Meeting on Wednesday, March 27 at 7:00 p.m. at All Saints Parish Hall (821 Fairfax St., Coquitlam). Registration begins at 6:30 p.m. 2019 memberships are \$15/calendar year. The Society was started in 1995 by a group of like-minded CWL members, as a non-profit organization. We remain a non-profit with large support from our BC CWL councils and do not receive government funding. Instead, we rely on memberships, donations, and non-government funded grants to operate Eva's House, second-stage housing for victims of domestic abuse, as well as other services such as our Help Line and educational programs.

## VOCATION LIVE-IN

On the weekend of April 5 - 7, there will be a Vocation Live-In for boys or young men interested in the priesthood or the consecrated life, at the Seminary of Christ the King, Mission, BC. For more information call 604-826-8715.

## PERMANENT DIACONATE INFO SESSIONS

Men between the ages of 35 and 60 interested in ordained ministry, along with their spouses, can learn more about the permanent diaconate this spring! The Permanent Diaconate Office is hosting information sessions this April and May in Vancouver and Langley. For more information, or to register, please visit <http://stmarkscollege.ca/news-events/events/permanent-diaconate-information-sessions/> or email [deacons@rcav.org](mailto:deacons@rcav.org).

## SUGGESTIONS FOR LENTEN PRACTICES

- PRAYING:**
- Spend more time praying and meditating, visit <https://rcav.org/len/> to experience a deeper lent
  - Attend weekday Mass
  - Come to Sunday Mass on time
  - Receive the Sacrament of Reconciliation, download the Confession App at <http://www.littleiapps.com/confession/>
- FASTING:**
- Fast from judging others
  - Fast from anger
  - Fast from hostility
  - Fast from social media
- ALMSGIVING:**
- Live simply
  - Give more
  - Expect less
  - Volunteer time